# **LUNCH** 11:30AM-3:30PM

## SOUPS & APPETIZERS

- **NEW ENGLAND CLAM CHOWDER** 10 Local hand shucked clams, bacon, potatoes, creamy broth
- **FISH TACOS** 15 Crispy potato crusted catch of the day, vegetable slaw, avocado and poblano crema, double corn tortilla
- **WINGS** 15 Jumbo wings tossed in your choice of: Buffalo, Garlic Parmesan, Sweet Thai Chili • Boneless \$15
- **BAOU BUN SLIDERS** 15 Pork belly, vegetable slaw, hard boiled egg, Korean bbq
- GF CARNITAS TACOS 14 Slow cooked hand pulled pork, roasted corn salsa, poblano and avocado crema
  - **CALAMARI** 17 Bean sprouts, carrots, scallions, sweet Thai chili sauce

- **LOBSTER BISQUE** 12 House-made traditional bisque with chunks of lobster meat
- **BLUE CRAB FRITTERS** 13 Sweet corn, blue crab, roasted garlic aioli
- GF CRAFT NACHOS 16 Slow cooked hand pulled pork, cheddar jack cheese, roasted corn salsa, roasted poblano crema, guacamole, pickled jalapeños
  - **CAULIFLOWER BITES** 13 Hand breaded cauliflower florets, curry lime aioli
  - **MEDITERRANEAN HUMMUS** 14 Chili crisp, fresh vegetables, naan bread
  - **TUNA POKE** 17 Sushi grade ahi tuna poke, crispy wontons, wasabi aioli, scallions

### **SALADS**

ADD: Chicken 8, Shrimp 12, Salmon 13, Steak\* 14, Sesame Crusted Ahi\* 13

- onion, crumbled bacon, roasted corn salsa, tomatoes, cucumbers, Gorgonzola, egg, cilantro lime vinaigrette
  - **CLASSIC CAESAR** 13 Romaine, shaved Parmesan, herb croutons, Caesar dressing
- **BURRATA** 15 Roasted toybox tomatoes, baby arugula, extra virgin olive oil, aged balsamic reduction, crostini
- **GF THAI CRUNCH** 14 Carrot, cabbage, kale, radicchio, cucumber, roasted peanuts, scallions, cilantro, sesame ginger dressing

## **RUSTIC FLAT BREADS**

#### HONEY ONION PROSCIUTTO TOMATO & HERB RICOTTA 15 •

16 • Spiced honey onions, crumbled Herbed whipped ricotta, roasted goat cheese, mozzarella, prosciutto, arugula Herbed whipped ricotta, roasted toybox tomatoes, mozzarella, basil pesto drizzle

**TROPICAL** 16 • Grilled chicken,

bell pepper, red onion, pineapple, mozzarella

# HAND HELDS

Served with hand cut fries or mixed green salad. Sweet potato fries \$3 - Gluten Free Bun \$2

- **CLASSIC CHEESE BURGER**\* 16 ½ lb Angus beef, lettuce, tomato choice of cheddar or Swiss
- SURF & TURF BURGER\* 24 ½ lb Angus beef, shrimp and spicy queso sauce
- **LOBSTER & SCALLOP ROLL** MARKET Small batches made fresh daily, limited availability, celery, red onion, tarragon aioli, buttered brioche roll
- **MAHI SANDWICH** 19 Pan seared blackened Mahi, chili lime aioli, arugula, pineapple and pepper salsa
- **STEAK BOMB WRAP**\* 20 Grilled steak, sautéed onions, mushrooms, bell peppers, cheddar jack

- BRISTOL HARBOR BURGER\* 17 ½ lb Angus beef, sautéed mushrooms and onions, house steak sauce, Gorgonzola
- **SPICY AHI TUNA BURRITO**\* 19 Pan seared sushi grade ahi tuna, saffron rice, seaweed salad, avocado, wasabi aioli
- **BAJA CHICKEN SANDWICH** 17 Grilled chicken, roasted corn salsa, cheddar cheese, avocado, pickled jalapeños
- **GRILLED CHICKEN CAESAR WRAP** 15 Romaine, shaved parmesan, house made caesar dressing

## **ENTRÉES**

- **SALMON** 28 Lightly blackened, pineapple and poblano salsa, sweet potato fries, mixed green salad
- FISH & CHIPS 25 Hand battered local cod, hand cut fries, house made slaw
- GF PERUVIAN HALF ROASTED CHICKEN 24 •

Marinated in Aji Amarillo paste and Peruvian spices, sweet potato fries, mixed green salad

- **AHI TUNA NOODLE BOWL** 27 Sesame encrusted tuna, red bell pepper, scallion, carrot, bean sprouts, soy glaze, wakame salad
- **NY SIRLOIN**\* 28 8oz hand cut, grilled to your liking, chimichurri, hand cut fries, mixed green salad
- **BLUE CRAB RAVIOLI** 30 Blood orange beurre blanc, shrimp, roasted toybox tomatoes, scallions

<sup>\*</sup>We advise eating raw or under cooked meat, poultry, or seafood poses a threat to your health. Before placing your order, please inform your server if a person in your party has a food allergy. 20% gratuity added to parties 8 or more. Pricing subject to change.